

# COVID-19 | What to do if your school-age child is sick

Your child has **one or more** COVID-19-like symptoms



- Fever
- Cough (new or worse)
- Loss of smell or taste
- Shortness of breath, difficulty breathing
- Major fatigue
- Runny or stuffy nose
- General muscle pain (not related to physical exertion)
- Sore throat
- Nausea, vomiting, diarrhea, sore stomach
- Significant loss of appetite

If symptoms started at home : keep your child at home and call the school to let them know



If symptoms started at school : the school will call you and your child must return home



**Monitor your child's symptoms for 24 hours.**



During this time, your other children can attend school if they do not have COVID-19-like symptoms.

After 24 hours at home :



If your child's symptoms have resolved



They may return to school



If your child still has at least one symptom



Use the on-line [COVID-19 Symptom Self-Assessment Tool](#) and follow the instructions or call 1-877-644-4545



## IMPORTANT

If a COVID-19 screening test is recommended for your child but you chose NOT to have them tested, your child must stay home for 10 days from the first day of symptoms AND until all symptoms are gone.



During this time, your other children may attend school if they do not have COVID-19-like symptoms.



If your child's screening result is negative, he/she may return to school when feeling better, after symptoms improve.



Upon your child's return to school, you could be asked to sign a form confirming that your child is able to go back to school.